



WESTON SENIOR ACTIVITIES CENTER

203-222-2608
9 School Road
Weston, CT 06883

Monday-Friday - 9:00 am to 3:00 pm

www.westonseniorcenter.info

Weston Senior Services and Resources

Weston Senior Center

9 School Road
www.westonseniorcenter.info
203-222-2608

Mailing Address:
P.O. Box 1007
Weston, CT 06883

Center Staff:

Director: Wendy Petty
Program Coordinator:
Carla Jegen
Asst. Program Coordinators:
Linda Gilmore
Angela Connaughton

Dial-a-Ride

203-222-2576
Driver: Roy Marsh
(24-hour notice required)

Dept. of Social Services

203-222-2663
Director: Allison Lisbon
Assistant: Rose Cruz

Weston Town Hall

www.westonct.gov
203-222-2500 Main
203-222-2656

Commission on Aging

Bruce Lorentzen, Chair
Helen R. de Keijzer
Terry Castellano
Francine Goldstein
Don Gumaer
Alison McElhone
Richard Wolf

The Friends of WSAC

This symbol indicates that an event is sponsored by the Friends of the Weston Senior Activities Center.



December 2020

Happy Holidays!

We hope you and your families are doing well. We know this is a difficult time of the year, especially as we continue to limit our contact with friends and family. The good news is that we are all in this together and we are hopeful for a light at the end of the tunnel.

Our plans this winter will be to continue our exercise classes by Zoom so you can stay connected with your favorite instructors and familiar faces. We are also planning some great virtual programs and will continue to partner with other senior centers and libraries in order to bring you a variety of interesting events, programs, discussion groups, and more.

Consider trying something new with us this December. There is a new mindfulness series planned for Wednesday afternoons, or learn to write poetry, join one of the library's book clubs, bundle up and walk at the track with Linda on Tuesdays, drive through and pick up our holiday curbside lunch, visit our back patio to meet a friend, or if you haven't tried an exercise class yet... try one!

We are working on posting Margaret Wirtenberg's art collection on our website; all will be for sale with the proceeds going to the Friends of the Weston Senior Activities Center, a 501c3 tax deductible organization. So many of you know Margaret and we are certain you will enjoy seeing her artwork. We will keep you posted.

The CodeRed emergency alert system ends in January and is being replaced by Everbridge. You must register to receive future emergency alerts. See page 5 for more details.

As always, please reach out to us if you need anything.

We miss you,

Wendy, Carla, Linda, Angela, and Roy

Donations were made

in Loving Memory of Marcy Dearth

Meta Schroeter



The mission of the Weston Senior Activities Center is to serve as the hub of programs and events supporting the well being of community members as they age.

Post Election Analysis**Mark Albertson, Historian****Friday, December 4th, 11am**<https://us02web.zoom.us/j/88088678744>

Meeting ID: 880 8867 8744

Or Call in: 929 205 6099 US (New York)

The Strategic Significance of the Japanese Attack on Pearl Harbor**Mark Albertson, Historian****Monday, December 7th, 10am**

This talk does not dwell on the attack itself. Rather, the focus will be on the “why”. Why did the Japanese attack a sleeping Pacific Fleet in Hawaii and why did December 1941 become the turning point of the war?

<https://zoom.us/j/99552197233?pwd=WXBkNUp1QmV6UDFUc1Y5cXROeVA3Zz09>

Meeting ID: 995 5219 7233 Passcode: Albertson

The Mechanisms of Art on the Aging Brain: Why It Matters**Angel C. Duncan, PhD Candidate, MA, MFT, ATR****Tuesday, December 8th, 1pm**

Creativity supports our overall health and wellbeing in mind, body and spirit, and is important as we age. This interactive lecture explores a variety of ways of how and why the arts are good for brain and encourages you to pursue your personal passions and interests.

Sponsored by Sheraton Caregivers<https://us02web.zoom.us/j/81252540465?pwd=YVlvVHNvbjl2OGtrZFBZcTI2ZhdGZz09>

Meeting ID: 812 5254 0465, Passcode: 12345

A Tour of Iceland**Elsa Cantor and Don Lamberty, Travel Presenter****Wednesday, December 9th, 11am**

Iceland is a land of geologic wonders. It is filled with fiery volcanoes, healing hot springs and icy glaciers.

We will explore the wonders and beauty of the island as well as sharing some of its rich Viking culture. The Vikings were wonderful story tellers, and their history is told primarily through their sagas. We will meet some of these storytellers on our exploration of the island.

<https://us02web.zoom.us/j/87952361046>

Meeting ID: 879 5236 1046

1 929 205 6099 US (New York)

The History of Christmas**Mark Albertson, Historian****Monday, December 14th, 10am**<https://zoom.us/j/99552197233?pwd=WXBkNUp1QmV6UDFUc1Y5cXROeVA3Zz09>

Meeting ID: 995 5219 7233 Passcode: Albertson

*Sponsored by the Bigelow Center***Reflections on Hanukkah****Rabbi Barbara Paris, Jewish Family Services****Thursday, December 17th, 2pm**

Hanukkah is a Jewish holiday which celebrates the victory of the Maccabees over the larger Syrian army. Also called the Festival of Lights, it celebrates the fact that when the menorah in the Temple was relit there was only oil for one day but a miracle occurred and the oil burned for eight days.

<https://zoom.us/j/99106747282?pwd=U0IYYWtXMWFOc2RWWnVHWWhjeUpLZz09>

Meeting ID: 991 0674 7282

Passcode: Hanukkah

Sponsored by the Bigelow Center

Senior Learning Network Programs

All Programs start promptly at 2pm, please log in at 1:45.
They do not allow late entry.

To Register and receive Zoom links, email Carla at:

cjegen@westonct.gov

Tuesday, December 1st: Christmas with the Roosevelts

One more program from FDR Presidential Library and Museum-and it's a special one! If you remember Bing Crosby and White Christmas, then you won't want to miss this presentation! Jeff Urbin uses music, humor and storytelling to explain how FDR celebrated Christmas.

Thursday, December 3rd: Mitchell Caverns

Mitchell Caverns, within the Mitchell Caverns Natural Preserve, is a trio of limestone caves, located on the east side of the Providence Mountains in California. For many years the caves were thought to be "dead", that is, the formations were no longer growing. However, recent studies have found some signs of life. Numerous paleontological and archaeological finds have been made in and around the caverns where scientists have found the remains of several prehistoric animals, including a sloth.

Tuesday, December 8th: Mystic Seaport Museum/Part 1: Navigation through the Great Explorers

We love the Mystic Seaport-and we are back! Join us to learn about navigation through the lens of famous explorers. We will examine the instruments and tools used by Columbus, Magellan, and other famous navigators. Ultimately, we will make a connection between technological improvements and safer, more precise movement around the globe.

Thursday, December 10th: Mystic Seaport and Museum/Part 2: In the Footsteps of Galileo

This program challenges us to take on the role of the famous astronomer Galileo Galilei, and to see exactly what he saw centuries ago as he sought to explain the mysteries of outer space. In this program, we will take Galileo's observations of the four large moons around Jupiter, and provide historical context into the magnitude of his findings.

Tuesday, December 15th: A Visit to Ellis Island

Prior to 1890, individual states rather than the Federal Government, regulated immigration into the United States. Castle Garden (now Castle Clinton), located in the Battery of Manhattan, served as the New York State immigration station from 1855 to 1890. Approximately eight million immigrants passed through its doors, mostly from Northern European countries; this constituted the first large wave of immigrants to settle and populate the U.S.

Thursday, December 17th: Yogi Berra Museum and Learning Center

Celebrate the 100th Anniversary of the Negro Leagues by exploring the Yogi Berra Museum & Learning Center's newest exhibition, DISCOVER GREATNESS: An Illustrated History of the Negro Leagues Baseball. This program displays the remarkable collection of vintage photographs on loan from the Negro Leagues Baseball Museum in Kansas City.

Exercise and Wellness

Fitness waiver must be signed before starting exercise classes *
Once we receive payment for a series, we will send you the Zoom link.

Qi Gong with Bill: Mondays at 11am via Zoom

This class will focus on easy to learn exercises that build internal strength, flexibility and resiliency. These mind body practices help us cultivate more energy in our bodies while calming and clearing our minds.

Pilates with Karen: Tuesdays at 1pm via Zoom

Designed to realign the spine to its natural skeletal position, re-balancing the muscles around the spine, abdominals, and the extremities to build core strength, stability and longer leaner muscle tone to improve posture and enhance coordination.

Feldenkrais with Cathy: Wednesdays at 11:30am via Zoom

Feldenkrais is a gentle class that helps to improve posture, flexibility, and coordination for those with reduced movement or pain.

Strength & Fitness with Sandy: Thursdays at 11am via Zoom

Utilizing balls, stretch bands and weights while sitting and standing, you will stretch and strengthen all muscle groups. Emphasis is on flexibility and balance.

Yoga with Melania: Fridays at 10am via Zoom

This class is an experience for healing Mind, Body and Spirit through gentle movement, meditation, and breath-work, bringing students compassionately back "home" to themselves.

* Please fill out the remote exercise waiver:

<https://www.westonseniorcenter.info/content/RemoteExerciseWaiver.pdf>

Exercise Class Fee Structure

Each class is \$4.00. However, we require that, at a minimum, you pay for a month at a time. Please note that we will not be able to offer refunds or credits for missed classes unless it is an error on our part or due to an instructor's Zoom issue.

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### **Walking Club at the Track (Weather Permitting).**

*If you are interested in joining us at the high school track on Tuesdays at 11am, let us know. We will be walking there every week, walk at your own pace.*

*(4 laps equals a mile. )*

**To Join, email Linda Gilmore  
[lgilmore@westonct.gov](mailto:lgilmore@westonct.gov).**





# December 2020

| Mon                                                                                                                                                                                | Tue                                                                                                                                                                                                                                                                       | Wed                                                                                                                                                                       | Thu                                                                                                                                                                                                                                   | Fri                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                    | 1                                                                                                                                                                                                                                                                         | 2                                                                                                                                                                         | 3                                                                                                                                                                                                                                     | 4                                                                                                                                    |
|                                                                                                                                                                                    | 11am Walking Club<br>1pm Pilates w/Karen<br>2pm Guest Program<br><i>Christmas w/Roosevelts</i><br>Senior Learning Network                                                                                                                                                 | 11:30am Feldenkrais<br>3pm Introduction to Mindfulness w/Hilary<br>Intro & Mindful Breathing                                                                              | 11am Strength & Fitness w/Sandy<br>2pm Guest Program<br><i>Mitchell Caverns</i><br>Senior Learning Network                                                                                                                            | 10am Yoga w/Melania<br>10am Portrait w/Chris<br>11am Guest Speaker<br>Mark Albertson<br><i>Post Election Analysis</i>                |
| 7                                                                                                                                                                                  | 8                                                                                                                                                                                                                                                                         | 9                                                                                                                                                                         | 10                                                                                                                                                                                                                                    | 11                                                                                                                                   |
| 9:30am Commission on Aging meeting<br>10am Guest Speaker<br>Mark Albertson<br><i>Strategic Significance of Attack on Pearl Harbor</i><br>11am Qigong w/Bill<br>1pm Drawing w/Chris | 11am Walking Club<br>1pm Pilates w/Karen<br>1pm Guest Program<br><i>The Mechanisms of Art on the Aging Brain</i><br>Sheraton Caregivers<br>2pm Guest Program<br><i>Mystic Seaport Part 1</i><br>Senior Learning Network<br>2:30pm Guest Program<br>Emergency Preparedness | 11am Guest Speaker<br>Elsa Cantor<br>Travel to Iceland<br>11:30am Feldenkrais<br>1pm Caregivers Support Group<br>3pm Introduction to Mindfulness w/Hilary<br>Mindful Body | 11am Strength & Fitness w/Sandy<br>11am Zentangle w/Carla<br>2pm Guest Program<br><i>Mystic Seaport Part 2</i><br>Senior Learning Network<br><br> | 10am Yoga w/Melania<br>10am Portrait w/Chris                                                                                         |
| 14                                                                                                                                                                                 | 15                                                                                                                                                                                                                                                                        | 16                                                                                                                                                                        | 17                                                                                                                                                                                                                                    | 18                                                                                                                                   |
| 10am Guest Speaker<br>Mark Albertson<br><i>History of Christmas</i><br>11am Qigong w/Bill<br>1pm Drawing w/Chris                                                                   | 11am Walking Club<br>11am Bingo w/Carla<br>1pm Pilates w/Karen<br>1pm Art Chat w/Chris<br>2pm Guest Program<br><i>A Visit to Ellis Island</i><br>Senior Learning Network                                                                                                  | 10:15am Parkinson's Support Group<br>11:30am Feldenkrais<br>3pm Introduction to Mindfulness w/Hilary<br>Mindful Emotion<br>4pm Holiday Concert with Chris Coogan          | 11am Strength & Fitness w/Sandy<br>2pm Guest Speaker<br>Rabbi Barbara Parish<br><i>Reflections on Hanukkah</i><br>2pm Guest Program<br><i>Yogi Berra Museum</i><br>Senior Learning Network                                            | 10am Yoga w/Melania<br>10am Portrait w/Chris                                                                                         |
| 21                                                                                                                                                                                 | 22                                                                                                                                                                                                                                                                        | 23                                                                                                                                                                        | 24                                                                                                                                                                                                                                    | 25                                                                                                                                   |
| 11am Qigong w/Bill<br>1pm Drawing w/Chris<br>6pm Holiday Light Show                                                                                                                | 9am-12pm Floral Arranging Pick Up<br>11am Walking Club<br>1pm Pilates w/Karen                                                                                                                                                                                             | No Feldenkrais Today<br>11:30am Curbside Lunch<br>Norfield Church Pick Up<br>3pm Introduction to Mindfulness w/Hilary<br>Kindness                                         | Senior Center Closed                                                                                                                                                                                                                  | Senior Center Closed<br><br>Merry Christmas<br> |
| 28                                                                                                                                                                                 | 29                                                                                                                                                                                                                                                                        | 30                                                                                                                                                                        | 31                                                                                                                                                                                                                                    | 1                                                                                                                                    |
| Senior Center Closed                                                                                                                                                               | Senior Center Closed                                                                                                                                                                                                                                                      | Senior Center Closed<br>3pm Introduction to Mindfulness w/Hilary                                                                                                          | Senior Center Closed                                                                                                                                                                                                                  | Senior Center Closed                                                                                                                 |

## Medicare Open Enrollment Ends December 7th

This has been a very busy Open Enrollment with seniors starting on the Medicare program, changing their Medicare D plans, investigating Advantage Plans and reviewing supplemental (gap) plans. We saved seniors who reviewed their Medicare D plans between \$200 and upwards of several thousand dollars in premiums and drug cost for 2021. Weston Senior Center and Weston Social Services has completed in person and telephone Open Enrollment review services for 2020. BUT there is still time for you to review your Medicare D plan or any other Medicare issue that would require change to take effect on January 1, 2021 before Open Enrollment ends on December 7th. The Southwestern Connecticut Agency on Aging will be able to help you with your Open Enrollment issues. Simply call (203)333-9288.

Rose and I would like to thank all of the seniors for cooperating and carefully providing all the information we needed ahead of counseling sessions in these challenging coronavirus pandemic times. Special thanks to Carla Jegen and Linda Gilmore for answering phone call questions, collecting the special sealed envelopes and sanitizing the meeting area between in person appointments. The information in the envelopes has been destroyed to protect privacy. See you all next year for Open Enrollment. It is always a great idea to review your Medicare coverage and plans every year for cost effectiveness. Meanwhile if you have any questions or want to discuss any Medicare issues, simply call the Weston Senior Center for an appointment with a CHOICES counselor. There is never a charge for these services. Stay safe and stay well!

|                   |                   |
|-------------------|-------------------|
| Meta Schroeter    | Rose Cruz         |
| CHOICES Counselor | CHOICES Counselor |

Want to discuss Medicare issues? Half hour appointments are available from 10:00 – 12:00 twice a month on the first and third Mondays of the month. MAKE AN APPOINTMENT BY THE PREVIOUS THURSDAY AT THE WESTON SENIOR CENTER. Dial (203) 222 - 2608.  
NO WALK-INS. Never a fee!

## Town Emergency Alert System Code Red Ends in January Sign Up Now for Everbridge

Get alerted about emergencies and other important community news by signing up for Weston's Everbridge Emergency and Community Alert Program. Everbridge allows you to use multiple means of communication for both the Emergency Alert System and the Community Notification System. In addition to your home phone you can have mobile phones, Voice over IP landlines, e-mail and/or text messaging be included in receiving messages from both the Emergency Alert and Community Notification System.

### For more information and to sign up:

<https://www.westonct.gov/our-community/community-alert-system-and-e-notifications>

## Southwestern CT Agency on Aging: Live Well Chronic Pain Workshop

Tuesdays, 10am – 12:30pm  
January 26, February 2, 19, 16, 23, March 2, 2021

This is a free, six-week program via Zoom. Participants will need a computer, tablet or cell phone and a reliable internet connection. A technology training session will be provided on Jan. 19th.

Adults with chronic pain are encouraged to register for this program to help them take control of their life and health. Participants will learn better ways of dealing with frustration, fatigue, isolation, and poor sleep. Techniques to improve or maintain strength and energy, appropriate use of medications, and ways to improve nutrition will also be covered. Breaking the pain cycle, pacing activities and rest and communicating with healthcare providers will be discussed. For more information or to register, please contact Cathy: [cgrosshart@swcaa.org](mailto:cgrosshart@swcaa.org).

**Space is limited.**

## Westport Weston Health District

<http://wwhd.org/>  
(203) 227-9571

For the latest information on COVID-19, where to get tested, Connecticut Travel Advisories, links to information from the CDC, and holiday gathering guidelines, visit our Westport Weston Health District. They have lots of information on their website.

<http://wwhd.org/covid-19-updates-2/>

**Westport Weston Health District**  
Public Health Services and Information for our Communities

180 Bayberry Lane  
Westport, CT 06880  
Tel: (203) 227-9571  
Fax: (203) 221-7199



## Emergency Preparedness with Westport Weston Health District

Tuesday, December 8th, 2;30-3:30pm

WWHD will be offering an emergency preparedness seminar to help you get ready for winter. It will provide a lot of great reminders, tips, and new information on how to prepare for the winter months ahead during COVID-19. This program will be hosted by the Westport Center for Senior Activities and Michael Vincelli, Emergency Preparedness and Response Coordinator. We will send out more details on this program for those interested in signing up.

Please email [wpetty@westonct.gov](mailto:wpetty@westonct.gov) to sign up.



## Weston Department of Social Services

Allison Lisbon, MSW, LCSW, Director of Social Services

[alisbon@westonct.gov](mailto:alisbon@westonct.gov)

203.222.2663

Rose Cruz, Assistant

[rcruz@westonct.gov](mailto:rcruz@westonct.gov)

203.222.2556

**Weston Social Services** is available to assist any Weston resident having financial difficulty or in need of being connected to local mental health or related services, regardless of financial need.

## Caregivers Support Group

**Wednesday, December 9th, 1pm—Via Zoom**

Facilitated by Allison Lisbon, MSW, LCSW,  
Director of Weston Social Services

Caring for a loved one can be challenging. Get the support you need from others who are facing similar challenges and share information with each other. These sessions are your chance to take a break, socialize with others and possibly learn some ideas that may help you and your loved one. This group is informal and relaxing. Newcomers are welcome!

This group will meet by Zoom.

If you have any questions about the group, or would like to sign up, please contact Allison at (203) 222-2663 or email her at [alisbon@westonct.gov](mailto:alisbon@westonct.gov).

## Parkinson's Support Group

Wednesday, December 16th

10:15am-11:00am

Facilitated by Maureen Matuszewski

This support group will be offered via Zoom.

The group is led by Maureen through the Westport Center for Senior Activities. She arranges guest speakers, facilitates a round table discussion on everyday issues, sharing of ideas, and encourages support and camaraderie. There is always information people can learn from each other. If you are interested in joining this group, or know someone who is, please email:

Maureen Matuszewski: [maureenmatuszewski@gmail.com](mailto:maureenmatuszewski@gmail.com).



## Weston Historical Society

(203) 226-1804

[www.westonhistoricalsociety.org](http://www.westonhistoricalsociety.org)

Weston stories are available at the society's website:

<https://www.westonhistoricalsociety.org/item-list.php?pageid=330&status=1&itempageid=4>

Oral histories are also available:

<https://www.westonhistoricalsociety.org/item-list.php?pageid=520&status=1&itempageid=3>

Also note that the Society is documenting people's experience with the current pandemic and would love to hear from you and possibly include your story on their website:

<https://www.westonhistoricalsociety.org/covid-19-stories.php?pageid=350>



## Introduction to Mindfulness

With Hilary Misiano

Wednesdays in December, 3:00pm-3:30pm, via Zoom

Week 1—Introduction to Mindful Breathing

Week 2—Mindful Body

Week 3—Mindful of Emotion

Week 4—Kindness (Heartfulness)

Week 5—Everyday Mindfulness

Join Hilary Misiano, a certified Mindful Schools Instructor on Wednesdays in December from 3pm-3:30pm. We will start with an introduction to secular mindfulness then learn exercises to practice mindfulness. You will learn how the brain and body benefit from practicing mindfulness and the final class we will learn how to mindfully eat a Hershey's Kiss!

[https://us02web.zoom.us/j/82554859815?](https://us02web.zoom.us/j/82554859815?pwd=NmE1Sm9JaUczYUREUGhSNTInSEs0QT09)

[pwd=NmE1Sm9JaUczYUREUGhSNTInSEs0QT09](https://us02web.zoom.us/j/82554859815?pwd=NmE1Sm9JaUczYUREUGhSNTInSEs0QT09)

Meeting ID: 825 5485 9815

Passcode: 994500

## Weston Today

**Local news to keep us informed**

We would like to thank Weston Today for bringing everyone up to date on town news, including information about town government, the Weston Senior Center, many other local organizations, meeting announcements, news, events, updates, obituaries and more.

**Westonites, take a look: <https://westontoday.news/>**

## Beginning Drawing with Chris Goldbach

Every Monday 1pm (Zoom)

Please come prepared with some paper (copy paper is fine or whatever you have) a drawing tool (pencil is ideal but a pen or crayon would work) and an empty, clean coffee mug.

*There is no fee for this ongoing class, but space is limited. Please email [wpetty@westonct.gov](mailto:wpetty@westonct.gov) if you are interested in joining the class.*



## ART CHAT with Chris Goldbach

Tuesday, December 15th at 1pm (Zoom)

Join Mastering the Masters instructor and artist Christine Goldbach to talk about everything from how to hold a pencil to art history. Chris Goldbach will talk about art in all its forms. This class will look into the wide world of art, will answer your questions, and solve your art problems from a-z, abstraction to zinc white! Play along with Chris, have your art supplies (any medium) handy and be ready to explore. <https://zoom.us/j/91432461509?pwd=QkhKaVFXQOVLYXBPN1N1Z3BhQXNtZz09>

Meeting ID: 914 3246 1509  
Password: ArtChat

*This class is hosted with the Bigelow Center in Fairfield.*

## Let's Face it, Portrait class With Chris Goldbach

CLASS IS FULL

If you are interested in signing up for a future session, please email [wpetty@westonct.gov](mailto:wpetty@westonct.gov).

**November 6<sup>th</sup> – December 18<sup>th</sup> (excluding November 27)**

Working online from a photo, we will first learn or review the structure of the face doing various exercises and then move on to either a painting or drawing in color. Discussed will be color mixtures, proportion and shading.

## Weston Public Library

(203) 222-2665

[www.westonpubliclibrary.org](http://www.westonpubliclibrary.org)

### Adult Take & Make Craft

Glass Etching – Supplies are limited. Reserve your kit at [www.westonpubliclibrary.org](http://www.westonpubliclibrary.org)

### Get the Most Bang for your Buck- Holiday Gift Buying With Consumer Reports

December 8<sup>th</sup> at 3pm: Are you looking for help finding the right holiday gift or perhaps you have a major purchase on the horizon? Would you like to be able to access product reviews from a trusted source. Join us for a brief workshop to find out how to access Consumer Reports reviews at home for free with your library card. Register at [www.westonpubliclibrary.org](http://www.westonpubliclibrary.org).

### New Yorker Roundtable

Tuesdays at 10:30am. Join the Friends of the Weston Library for a roundtable discussion of selected articles from *The New Yorker*. Email [westonlibrary@westonct.gov](mailto:westonlibrary@westonct.gov) to register.

### Friends of the Library Short Story Hour

December 2nd and 16th at 1:30pm. Log into Zoom to enjoy a short story followed by a discussion. Email [westonlibrary@westonct.gov](mailto:westonlibrary@westonct.gov) to register.

### Classics Book Discussion Group

December 11<sup>th</sup> at 11am. Dr. Sharon Sobel returns for a discussion of *Rebecca* by DuMaurier. Register at [www.westonpubliclibrary.org](http://www.westonpubliclibrary.org)

### Friends Book Groups

December 10<sup>th</sup> at 10:30am. *Travels with My Aunt* by Greene  
December 16<sup>th</sup> at 7:00pm. *Man in the Wooden Hat* by Gardam

### Cookbook Club – Favorite Dessert Recipes

December 10<sup>th</sup> at 12pm. Join us via Zoom as participants share their favorite dessert recipes in time for the holidays. Register at [www.westonpubliclibrary.org](http://www.westonpubliclibrary.org).

## Virtual Art Show and Auction

### Margaret Wirtenberg's Collection of Watercolors and Oil Paintings

"The Friends of the Senior Center will be exhibiting my entire art collection (for sale) from my very first oil painting ("The Burning of New York") through my pastel phase to watercolor. Many watercolors are of my favorite model, Weston and Lachat. In all seasons! Of interest as well are oil paintings from my years of study with acclaimed portrait artist John McClelland."

All proceeds from the retrospective will go to the Friends of the Senior Center, a 501 c3 organization.

Stay tuned - details will come soon from the Senior Center!

## Free Movies Online

Are you interested in watching some free movies online? Library Director Karen Tatarka, shared the link below, where you will find some great classics. Take a look.

Stay tuned for winter watch parties!

<https://www.openculture.com/freemoviesonline>

### Holiday Concert via Zoom With Chris Coogan Wednesday, December 16th at 4pm

Grab your beverage, put on your holiday sweater and get comfortable! Even though we can't get together for our annual holiday lunch, we can still hear Chris Coogan singing the holiday songs we all love so much.

*This program is sponsored by The Friends of the Weston Senior Activities Center.*

<https://us02web.zoom.us/j/89256494198>

Meeting ID: 892 5649 4198  
1 929 205 6099 US (New York)

### December Holiday Curbside Lunch Wednesday, December 23rd at 11:30am-12pm (Pick up at Norfield Church)

Tis the season! We are sure it will be cold out, but this won't stop our curbside drive through. Lunch this month will be provided by Calise's Deli. On the menu: Individual Homemade Chicken Pot Pies, Garden Salad, Bread. These meals will be cold and ready for you to heat up at your leisure. \$5 per meal.

**Order by: Friday, December 18th.**

*This lunch is sponsored by The Friends of the Weston Senior Activities Center.*

### Floral Arranging Kits To Go

We will miss our annual centerpiece making class, though we are confident you can do them from home! Linda will make centerpiece kits for you to pick up, which will include some instructions, a plastic container, Oasis, ribbon, pinecones, floral sticks, a candle, and fresh flowers—you will need to add your own greenery and special touch. Space is limited, sign up quickly. The kits will be ready to pick up on Tuesday, December 22nd between 9am-12pm.

**To Register for this program,  
email Linda at [lgilmore@westonct.gov](mailto:lgilmore@westonct.gov).**

### Holiday Bingo With Carla

**Tuesday, December 15th at 11am**

Prizes will be mailed.

Click on link below to generate a bingo card:

<https://bingobaker.com#8168b3e0879fde6c>  
<https://us02web.zoom.us/j/83481292576>

Meeting ID: 834 8129 2576  
Or Call in: 1 929 205 6099 US (New York)



### Reflections on Hanukkah

**Thursday, December 17th at 2:00 PM**

Hanukkah is a Jewish holiday which celebrates the victory of the Maccabees over the larger Syrian army. Also called the Festival of Lights it celebrates the fact that when the menorah in the Temple was relit there was only oil for one day but a miracle occurred and the oil burned for eight days. To remember the miracle of the oil, a menorah is lit for eight nights, one candle a night until the last night when all 8 are burning brightly. It is also traditional to eat foods cooked in oil such as potato latkes and sufganiyot (special donuts). Children delight in playing dreidel ( a four sided top) and receiving small gifts. Please join Rabbi Barbara Paris, of Jewish Family Service for a Zoom Lunchtime and Learn Reflection.

*This program is hosted by the Bigelow Center.*

**To Register, email Wendy at [wpetty@westonct.gov](mailto:wpetty@westonct.gov).**

### Holiday Zentangle

**With Carla Jegen**



**Thursday, December 10th at 11am  
via Zoom**



**\$6.00 for materials, space is limited, sign-up required.**

We will be working on 4 different winter greeting cards. You will receive a zentangle pack which will include 8 cards (4 different designs) and 2 pens. Pick up the packages on December 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> at the Senior Center between 10:00 – 12:00.

To register, email Carla at [cjegen@westonct.gov](mailto:cjegen@westonct.gov).

### Holiday Light Show

**From your home**

**Monday, December 21st, 6pm-7:20pm**

Join NYC Tour guide Susan and Art Zuckerman for a tour of some amazing holiday light displays from both stores and homes (with the stories behind them), as well as the tree in Rockefeller Center, Dyker Heights and more. These guides will also bring in some holiday music and interesting facts about NYC light displays. This event is co-sponsored with the Weston Senior Center and Weston Public Library.

**To Register for this program,  
email Linda at [lgilmore@westonct.gov](mailto:lgilmore@westonct.gov).**

If you would enjoy a phone call from one of our staff during the holidays, please let us know. We are around and would love to chat. This is a difficult year but we will get through it together.

Please email [wpetty@westonct.gov](mailto:wpetty@westonct.gov) or call (203) 222-2608.